

# HAVE-A-GO CARNIVAL MARCH 2024

## Event Information Booklet

**Sunday 17th March 2024**

Jellie Park Recreation & Sport Centre  
295 Ilam Road  
Burnside, Christchurch 8053

### Contact Information

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**Updated: 10th February 2024**

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## Entry Information

Swimming Canterbury West Coast and Swimming New Zealand rules and regulations govern this competition.

All participants must agree to comply with the sports anti-doping rules, SCWC Rules, and SNZ rules.

This "Have-a-Go Carnival" is for **any swimmer who is not currently registered as a club or competitive swimmer with Swimming New Zealand and who is capable of swimming 25m without assistance**. The event will be raced across a Short Course (25m) format.

## Registration

Please register on our **website** at [weareswc.org/have-a-go-events](http://weareswc.org/have-a-go-events)

Please **check in** with a Swimming Canterbury West Coast volunteer upon arrival between 9:15am, and 10:00am on the day.

You can also register on the day with a Swimming Canterbury West Coast volunteer upon arrival. **Please note that on the day registrations are subject to availability.**

Registrations will be taking place between 9:15am, and 10:00am on the day.

## Entry Fees

This is a **FREE** event.

## Event Information

### Event Hours

09:15am – 12:30pm

Athletes that wish to swim outside these times will have to pay the venue entry fee.

It is up to parents and caregivers to monitor the health and safety of their children at all times for the duration of the event. Swimming Canterbury West Coast cannot be held responsible for any activity which takes places outside of the designated event lanes or outside of the event hours.

## Results, Ribbons, & Certificates

Each swimmer will receive a ribbon upon completion of their race.

The ribbon will have the distance, stroke, and time recorded.

Certificates will be awarded to relay participants.

## Spectators

Spectators may attend the event free of charge at the discretion of event organisers and Christchurch City Council staff.

## Photography & Videography

Photos and videos will be taken throughout the competition.

All athletes and spectators have agreed to allow photographs, videos, audio recordings and audio recording to be taken by accredited Swimming Canterbury West Coast contractors to be used for any legitimate purpose by Swimming Canterbury West Coast.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The Swimming Canterbury West Coast Event staff will, at their sole discretion, determine whether an item is intended for personal or commercial use.

## Parking

Free parking is available but limited at the Jellie Park facility. On-street parking is widely available on Ilam Rd and surrounding streets.

[More Info](#)

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## Athlete Information

### Pool Access

Access to the pool for all swimmers, coaches and spectators is via the main reception.

### Athlete Seating

Athletes are able to sit in any of the grandstand areas provided fire exit doors, the teach pool, and main thoroughfares are clear.

### Meet Set-Up

The meet is short course (25m pool).

Events will be randomly seeded.

### Starting Process

After marshalling, swimmers will wait behind their allocated lane.

The previous race will exit the pool following a single blow of the whistle.

Once the previous competitors are clear, there will be another blow of the whistle. Swimmers may position themselves on the starting blocks, or in the water with one hand on the wall.

The starter will call “take your marks”. This is the final warning before the start of the race.

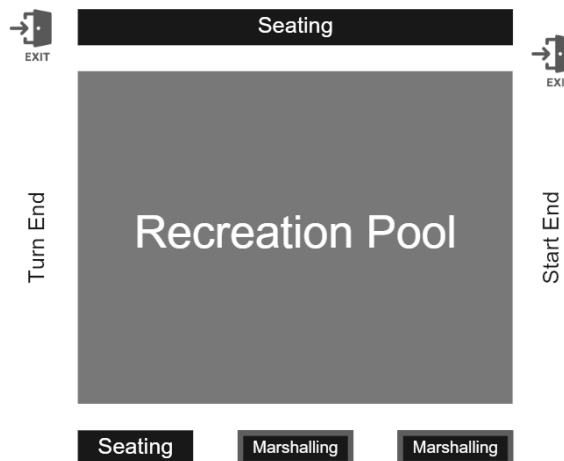
A loud “beep” indicates the start of the race – you may dive/push off and begin your swim.

### Marshalling Process

The event marshal will announce the beginning of an event. Swimmers are to assemble in the marshalling area, where they will be allocated a heat and lane.

## Designated Marshalling Area

The designated marshalling area is as shown in the map below.



[More Info](#)

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## Additional Race Information

### 25m Races (One Length)

Swimmers may swim any stroke of their choosing.

Swimmers may start in the water, with one hand on backstroke ledge/wall.

Swimmers may also use the diving boards if they are comfortable doing so.

Swimmers looking to swim more than one 25m race may return to the marshalling area after the completion of their race.

Time will be stopped when the swimmer touches the wall.

Swimmers must exit the pool using the stairs after the final whistle is blown.

### 50m Races (Two Lengths)

Swimmers may swim any stroke of their choosing.

Swimmers may start in the water, with one hand on backstroke ledge/wall.

Swimmers may also use the diving boards if they are comfortable doing so.

Swimmers looking to swim more than one 25m race may return to the marshalling area after the completion of their race.

Time will be stopped when the swimmer touches the wall.

Swimmers must exit the pool using the stairs after the final whistle is blown.

### 25m Kick Race (One Length)

This event will not involve diving. Swimmers will start in the water, with one hand on backstroke ledge/wall and the other hand on the kickboard.

Swimmers will push off the wall (no underwater) and kick the 25m holding the kickboard.

Time will be stopped when the swimmer touches the wall.

Swimmers may use any style of kick. Fins will not be allowed.

Swimming Canterbury West Coast will provide the kickboards for the event.

### 25m (One Length) Relay Event

Teams will be allocated in the marshalling area.

Each team member will swim one 25m length for their team.

Swimmers may swim any stroke of their choosing.

Swimmers may start in the water, with one hand on backstroke ledge/wall.

Swimmers may also use the diving boards if they are comfortable doing so.

[More Info](#)

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## Medical Information

<b>Immediate Medical Services</b>	<b>Address</b>	<b>Contact Details</b>
<b>Emergency Fire, Police, Ambulance</b>	National Call Centre	Dial 111
<b>AED</b>	Jellie Park Aquatic Centre Reception and Poolside	Contact Pool Staff
<b>First Aid</b>	Jellie Park Aquatic Centre Reception and Poolside	Contact Pool Staff

<b>Other Medical Services</b>	<b>Address</b>	<b>Contact Details</b>
<b>24 Hour Surgery</b>	401 Madras Street Christchurch Central	03 365 7777
<b>Moorhouse Medical Centre</b>	3 Pilgrim Place Sydenham	03 365 7900
<b>Fendalton Pharmacy</b>	19 – 23 Memorial Avenue Fendalton	03 351 5336
<b>Christchurch Hospital</b>	2 Riccarton Avenue Christchurch Central	03 364 0640

[More Info](#)

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## Event Schedule\*

Sunday 17 <sup>th</sup> March 2024	
Session 1	
Registration: 9:15am – 10:00am	
Event Start: 10:00am	
Event Finish: 12:30pm	
1	Mixed 25m Race (Any Stroke)
2	Mixed 25m Kick Race (Any Kick)
3	Mixed 50m Race (Any Stroke)
4	Mixed 25m Relay

\*Please note that this schedule may change. This is dependant on entries and circumstances leading up to, and on, the day of competition.

[More Info](#)